

Adult Nonfiction Books on Sexual Assault

For Everyone:

Know My Name: A Memoir by Chanel Miller

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=521725>

Is Rape a Crime?: A memoir, an investigation, and a manifesto by Michelle Bowdler

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=528846>

Sexual Citizens: A landmark study of sex, power, and assault on campus by Jennifer S. Hirsch & Shamus Khan

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=523674>

For Survivors:

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel A. Van der Kolk, M.D.

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=396465>

Healing from Trauma: A survivor's guide to understanding your symptoms and reclaiming your life by Jasmin Lee Cori

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=92490>

For loved ones looking to understand through personal stories:

Notes on a Silencing: A memoir by Lacy Crawford

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=531506>

Shout: A poetry memoir by Laurie Halse Anderson

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=514852>

The Seven Necessary Sins for Women and Girls by Mona Eltahawy

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=521752>

Young Adult Fiction

Speak by Laurie Halse Andersen

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=49580>

Girl Made of Stars by Ashley Herring Blake

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=512366>

A Girl Like That by Tanaz Bhathena

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=505887>

Children

#MeToo: Unveiling Abuse by Megan Borgert-Spaniol (Ages 12+)

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=523973>

Your Body Belongs to You! By Cornelia Spelman

<https://catalog.losgatosca.gov/cgi-bin/koha/opac-detail.pl?biblionumber=40898>